



La Récré'



HACKAHEALTH

Inclusion during " La Récré' "

Our challenge and Reflexion



The “solutions” in the past focused mainly on the body and techniques for education and work. We are trying to include the mind the loop focusing on the F-Words:

- Fun
- Friends
- Function
- Fitness
- Family
- Future

In Switzerland, kids with disabilities are not in the general schools, while it is recently changing - most people in the group were not exposed to people with handicaps during their school experiences and generally in their lives and don't know how to interact with them, deepening the social gap.

We hope to change that !



The existing pain points and our ideas to solve them

Pain points during playtime:

- Stigmatisation
- Isolation - Being unable to participate in an activity is automatically isolating
- Inclusion - Being included reduces isolation (anxiety, fear, etc)
- Accessibility
- Communication
- Slowness

Our ideas during playtime:

- Create a specific child games that enables superpowers
 - Kids with handicaps could be the ones to be picked because they bring great advantages vs being the last ones.
- Create games that are collaborative, everyone works together against a common challenge
 - Removing disability by design
- Games that put kids in the shoes of people with disabilities
 - Raise awerness, lower discrimination, raise inclusion
- Adapt existing classic games that :
 - Hear it on the grapevine using signes
 - Signs on ones back to redo on the others' and see the result at the end of the chain
 - Show how miscommunication, disabilities could affect communication - but in a playful way
 - "Display" the skills and enhancements acquired by people with handicaps
- Create an inclusion kit